



2019 EAST ELITE SHOWCASE CLASSIC

April 10th-13th

QUALIFYING TIME STANDARDS

Special Notes:

- 1) All 10-year old, 12-year old and 14-year old qualifying times are National AAA.
- 2) All 9-year olds & under, 11-year old and 13-year old qualifying times are National AA.
- 3) All 50's for 13-year olds and 14-year olds will be allowed to be swum if you are registered in the meet.
- 4) Entries for foreign teams must be submitted through HY-TEK MEET MANAGER, COMMLINK, or fax to NASA Contact at (540) 772-0578.
- 5) Positive check-in is required for the 500 Free, 1000 Free and 1650 Free, along with the 400 IM; they will all be swum as timed final events. The fastest 10 swimmers will swim at night. All other events will be prelims and finals.
- 6) Qualifying times are minimum times.
- 7) Entries are limited to 3 individual events per day with a maximum 10 for the entire meet for all age groups.
- 8) Non-conforming meter entry times will be seeded last. All yard times, even for bonus events, will be seeded fastest to slowest with meter times falling at the end.
- 9) Relay only swimmers must be included on the master entry form.

BONUS EVENTS

For 1 qualifying time you earn 4 bonus

For 2 or more qualifying times events you earn 3 bonus

**All bonus events must be entered with a time. NT will not be accepted.*



Age Group: **9 YEAR OLDS & UNDER**

GIRLS

BOYS

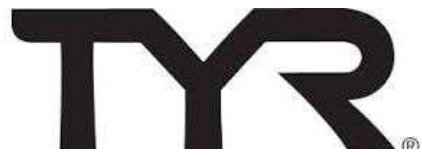
LCM	SCM	SCY	EVENT	LCM	SCM	SCY
40.89	38.69	34.99	50 Back	40.99	38.99	35.29
1:41.29	1:36.69	1:27.49	100 Breast	1:39.59	1:35.29	1:26.29
5:50.59	5:42.49	6:27.99	500 Free	5:44.59	5:37.39	6:20.79
	1:25.19	1:17.09	100 IM		1:24.19	1:16.19
38.89	37.99	34.39	50 Fly	38.19	37.19	33.69
2:48.09	2:43.89	2:28.29	200 Free	2:43.69	2:38.19	2:23.09
1:28.29	1:23.49	1:15.59	100 Back	1:27.39	1:23.59	1:15.69
45.29	44.09	39.89	50 Breast	44.89	43.29	39.19
1:16.99	1:14.39	1:07.29	100 Free	1:16.49	1:13.69	1:06.69
3:08.29	3:02.39	2:45.09	200 IM	3:06.89	3:00.69	2:43.59
1:30.29	1:27.49	1:19.19	100 Fly	1:29.49	1:26.99	1:18.69
34.19	33.29	30.19	50 Free	34.09	32.89	29.79

Age Group: **10 YEAR OLDS**

GIRLS

BOYS

LCM	SCM	SCY	EVENT	LCM	SCM	SCY
38.89	36.79	33.29	50 Back	38.89	37.09	33.59
1:36.19	1:31.89	1:23.09	100 Breast	1:35.09	1:30.99	1:22.39
5:35.39	5:27.69	6:11.09	500 Free	5:29.69	5:22.69	6:04.19
	1:21.19	1:13.49	100 IM		1:20.49	1:12.89
36.69	35.89	32.49	50 Fly	36.29	35.29	31.99
2:39.79	2:35.79	2:20.99	200 Free	2:36.59	2:31.29	2:16.89
1:23.89	1:19.29	1:11.79	100 Back	1:23.39	1:19.79	1:12.19
43.09	41.89	37.99	50 Breast	42.69	41.19	37.29
1:13.29	1:10.89	1:04.19	100 Free	1:12.99	1:10.29	1:03.69
2:59.59	2:53.99	2:37.39	200 IM	2:58.39	2:52.49	2:36.19
1:24.59	1:21.99	1:14.19	100 Fly	1:23.99	1:21.69	1:13.89
32.79	31.89	28.89	50 Free	32.79	31.59	28.59



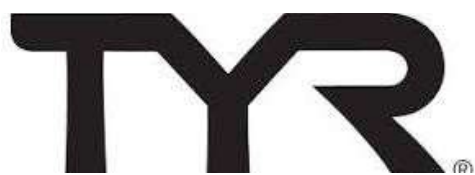
Age Group: 11 YEAR OLDS

GIRLS

BOYS

LCM	SCM	SCY	EVENT	LCM	SCM	SCY
		12:44.39	1000 Y Free			12:38.69
		21:29.89	1650 Y Free			21:19.19
32.79	31.89	28.89	50 Free	32.79	31.59	28.59
2:56.69	2:47.79	2:31.89	200 Back	2:56.29	2:47.99	2:32.09
42.59	40.79	36.89	50 Breast	42.59	40.99	37.09
2:56.69	2:49.39	2:33.29	200 IM	2:57.79	2:51.09	2:34.89
2:58.79	2:52.59	2:36.19	200 Fly	2:57.49	2:52.49	2:36.09
37.79	35.99	32.59	50 Back	38.29	36.59	33.09
		6:08.09	500 Y Free			6:02.79
1:23.09	1:17.99	1:10.59	100 Back	1:22.89	1:18.19	1:10.79
3:21.09	3:12.09	2:53.89	200 Breast	3:19.49	3:09.99	2:51.99
1:20.89	1:18.49	1:10.99	100 Fly	1:21.29	1:18.49	1:11.09
1:11.59	1:09.29	1:02.69	100 Free	1:11.59	1:08.99	1:02.49
	1:18.99	1:11.49	100 IM		1:19.09	1:11.59
6:17.69	6:01.89	5:27.59	400 IM	6:19.59	6:02.29	5:27.89
35.39	34.59	31.29	50 Fly	36.39	35.09	31.79
1:33.39	1:29.29	1:20.79	100 Breast	1:33.39	1:28.39	1:19.99
2:36.29	2:30.49	2:16.19	200 Free	2:35.89	2:29.69	2:15.49
5:28.79	5:22.09		400 M Free	5:28.29	5:17.49	
11:36.19	11:08.99		800 M Free	11:33.39	11:03.99	
22:25.09	21:22.39		1500 M Free	22:18.49	21:11.79	





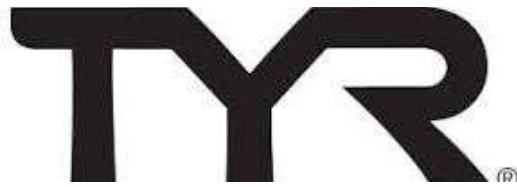
Age Group: 12 YEAR OLDS

GIRLS

BOYS

LCM	SCM	SCY	EVENT	LCM	SCM	SCY
10:34.7	10:10.6	11:37.79	1000 Free	10:25.7	10:00.99	11:25.59
30.49	29.59	26.79	50 Free	29.39	28.29	25.59
2:40.89	2:33.39	2:18.79	200 Back	2:37.79	2:29.89	2:15.69
38.49	37.39	33.89	50 Breast	37.69	36.19	32.79
2:42.09	2:36.89	2:21.99	200 IM	2:38.49	2:31.99	2:17.49
2:40.99	2:36.99	2:22.09	200 Fly	2:38.79	2:33.29	2:18.79
34.79	33.29	30.09	50 Back	34.09	32.49	29.39
5:01.69	4:55.19	5:37.09	500 Free	4:55.09	4:50.89	5:27.89
1:15.49	1:11.89	1:05.09	100 Back	1:13.89	1:09.39	1:02.79
3:02.79	2:56.39	2:39.59	200 Breast	2:56.59	2:49.29	2:33.19
1:13.19	1:11.49	1:04.69	100 Fly	1:10.89	1:09.39	1:02.79
1:06.39	1:03.89	57.79	100 Free	1:03.99	1:01.69	55.79
	1:13.29	1:06.29	100 IM		1:09.89	1:03.29
5:45.49	5:33.59	5:01.89	400 IM	5:37.99	5:23.89	4:53.19
32.49	31.89	28.89	50 Fly	31.99	31.19	28.19
1:25.29	1:21.19	1:13.49	100 Breast	1:22.19	1:18.79	1:11.29
2:24.19	2:19.99	2:06.69	200 Free	2:19.79	2:15.19	2:02.39





Age Group: **13 YEAR OLDS**

GIRLS

BOYS

LCM	SCM	SCY	EVENT	LCM	SCM	SCY
2:43.59	2:36.09	2:21.19	200 Back	2:35.89	2:28.29	2:14.19
*	*	*	50 Breast	*	*	*
31.19	30.39	27.49	50 Free	29.49	28.39	25.69
2:45.39	2:39.39	2:24.29	200 IM	2:36.99	2:30.89	2:16.59
2:42.49	2:39.09	2:23.99	200 Fly	2:36.19	2:29.69	2:15.49
*	*	*	50 Back	*	*	*
		5:43.19	500 Y Free			5:27.39
1:16.19	1:12.49	1:05.69	100 Back	1:12.19	1:08.39	1:01.89
3:04.89	2:58.79	2:41.79	200 Breast	2:53.29	2:46.49	2:30.69
1:13.59	1:11.59	1:04.79	100 Fly	1:09.49	1:07.49	1:01.09
		11:47.59	1000 Y Free			11:19.79
		19:45.39	1650 Y Free			18:57.49
1:07.89	1:05.59	59.39	100 Free	1:04.09	1:01.79	55.99
5:50.79	5:38.99	5:06.79	400 IM	5:35.79	5:21.09	4:50.59
2:26.59	2:21.79	2:08.39	200 Free	2:20.29	2:14.29	2:01.59
*	*	*	50 Fly	*	*	*
1:25.69	1:22.29	1:14.49	100 Breast	1:20.49	1:16.89	1:09.59
5:07.39	5:00.39		400 M Free	4:56.39	4:46.49	
10:34.59	10:19.29		800 M Free	10:17.19	9:54.89	
20:20.49	19:38.49		1500 M Free	19:32.39	18:50.79	

*100 Times must be entered for 50 Back, Breast and Fly**





Age Group: 14 YEAR OLDS

GIRLS

BOYS

LCM	SCM	SCY	EVENT	LCM	SCM	SCY
2:31.79	2:25.29	2:11.49	200 Back	2:23.59	2:16.39	2:03.49
*	*	*	50 Breast	*	*	*
29.29	28.39	25.69	50 Free	27.09	26.09	23.59
2:35.19	2:28.89	2:14.69	200 IM	2:25.59	2:18.89	2:05.69
2:31.89	2:27.69	2:13.59	200 Fly	2:23.19	2:17.49	2:04.39
*	*	*	50 Back	*	*	*
4:48.69	4:43.19	5:21.69	500 Free	4:37.49	4:27.79	5:03.79
1:10.69	1:06.99	1:00.59	100 Back	1:06.29	1:02.59	56.59
2:53.99	2:46.69	2:30.89	200 Breast	2:42.09	2:34.89	2:20.09
1:08.59	1:06.79	1:00.49	100 Fly	1:03.89	1:01.99	56.09
18:56.4	18:24.6	18:22.79	1650 Free	18:16.09	17:33.29	17:31.99
1:03.79	1:01.49	55.69	100 Free	59.29	56.99	51.59
5:27.99	5:17.59	4:47.39	400 IM	5:08.59	4:56.79	4:28.59
2:17.59	2:12.99	2:00.39	200 Free	2:08.89	2:04.19	1:52.39
*	*	*	50 Fly	*	*	*
1:20.39	1:16.99	1:09.69	100 Breast	1:14.59	1:10.69	1:03.99

*100 Times must be entered for 50 Back, Breast and Fly**

