

- Welcome

- Thanks to our host: **NorthShore Aquatic Complex**

Juries:

- Eligibility
- Technical

- Competition

Leadership Team Intro-

**Administrative Referee** -Mark McCaw

**Head Starter** Anissa Kanzari

**Chief Judges** Adrienne Cardwell

### **Technical**

- Distance Events update:
  - Tuesday distance no changes to meet notice (timed finals seeded fast to slow alternating women and men)
  - Saturday distance timed finals seeded slow to fast alternating women and men to finish at approximately the start of finals warm up. Timelines will be published Friday night after the scratch deadline
  - Relays- All relay names are due to the Administrative Referee no later than 30 minutes following the start of finals for each night's relays. Those relays scheduled to swim in Prelims will have the deadline listed on the daily timeline
  - Swim-Offs- The Admin Referee will be responsible for setting up swim off events. Please listen as we will announce the coaches needed.
- Scratch deadlines- per meet notice
  - Tuesday events – 3:30pm Tuesday
  - Wednesday – Saturday events- 6:00pm the night preceding the event
  - Scratching from finals- you will have 30 mins after the qualifiers are announced from the wave in which the athlete swam to declare their intention to scratch. We will make every effort to contact the coach listed on the entry files and notify them of athletes scratched into finals, but it is responsibility of the athlete and/or coach to monitor the results as additional wave results may affect the overall finals seeding. **Any athlete qualifying for a finals heat and not reporting to the event, will be barred from their next individual event unless relieved by the meet referee**

- Starts
  - Fly over starts will be used with the completed heat staying in the water until the following heat has entered the pool
  - Next up heats will be behind the timers until the short whistles are blown
  - When short whistles blown, next up athletes will approach the starting blocks
  - We do have Colorado backstroke ledges and are the responsibility of the athlete to set
  
- Order of Finals
  - C or Bonus Final, B or Consolation Final, A or Championship Final
  - Please remind athletes that the use of audio or visual recording devices, including a cellphone, is not permitted in changing areas, rest rooms or locker rooms, AND changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
  
- Awards will be presented outside the facility location to be determined
  
- Warmup Procedures- Warmups will be available in the competition pool and the back warm up pool. Warm up lanes should be capped at 10 athletes per lane 5 per side. Please be mindful of the time spent in the competition pool. Pace and Sprint lanes will be available
  
- Timelines-will be included in each program listing all the events of the session with seeded timelines. We will also be including an overall meet pre-scratch timeline as well as the next sessions estimated timeline
  
- Daily heat sheets will be online through meet mobile as well as published on [www.fastswimresults.com](http://www.fastswimresults.com) as well as paper copies at the pool
  
- For any 12yo athletes they are reminded that tech suits are banned
  
- Time Trials- Will only be offered on Wednesday ONLY and will be limited to 1 hour with entries being accepted at the Admin Table starting at AM Time trial entries will count towards your daily/meet event limits

## **Venue**

- Parking at the facility will be tight and please note that street parking you will need to obey the street signs as they do ticket and tow. There is another lot about 2 blocks beyond the pool with additional parking
- Results Posting-will be on meet mobile and [www.fastswimresults.com](http://www.fastswimresults.com)
- Any emergencies will be handled by the lifeguard staff

## **Attachments**

- FLOW CHARTS ISCA-Description of the flow of athletes during both pool configurations as well as providing seating and staging areas for coaches and athletes.
  - Spectator Flow charts are also included- along with the outdoor seating and video screens, all spectators are expected to be outside the facility until their athlete is competing and to exit the facility immediately afterwards according to traffic flows attached
- North Shore COVID protocols- speaks to masking and distancing requirements as well as additional expectations while in the facility. There will be no exceptions to these protocols unless otherwise included within the document
- Spectator Policy- explains the spectator areas, responsibility of person, requirements while viewing their athletes compete and facility information