VIRGINIA SWIMMING	**2027 ISCA January Classic** **January 15th - 17th, 2027** **SANCTION NO. VS-27-068A**	Hosted by ISCA International Swim Coaches Association

SANCTION:	• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: **VS-27-068A** • USA Swimming, Inc., Virginia Swimming, Inc., ISCA and Hampton Virginia shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	**Hampton Virginia Aquaplex**, 1908 Coliseum Drive, Hampton, VA 23666 (757)-369-2876
FACILITY:	• The Hampton Virginia Aquaplex is host to two certified 25-yard pools with a maximum of 8 racing lanes per course. Non-turbulent lane lines will be used. Constant warm-down lanes are available in the additional 8-lane 25-yard programming pool. • The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations. • Hampton Virginia Aquaplex will have the following medical supervisions: (e.g., lifeguards, EMT, AED device, etc) available at the facility. • In order to provide parents/guardians who are outside of the facility with the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
MEET DIRECTOR:	Name: Doug Fonder Email: dougfonder@gmail.com Phone: 540-397-0505
ELIGIBILITY:	• Must be a 2027 USA Swimming, YMCA, AAU, and/or a FINA registered athlete. • No on deck USA Swimming athlete registration will be permitted. • All 18 & over athletes must have completed the appropriate Athlete Protection Training (APT) prior to the first day of competition. Athletes whose 18 th birthday occurs during competition must complete the APT prior to that date. • This meet will follow the 2025 United States Olympic and Paralympic Committee (USOPC) policy on transgender athletes. • 2024-2028 NAG time standards are in effect. • Age on January 15th, 2027 (first day of the meet) will determine age for the entire meet. • Based on the number of entries received, the Meet Director reserves the right to configure the pool in two-25 yard course. Teams will be notified by January 13th, 2027 if two courses will be used.
ATHLETES WITH A DISABILITY:	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations/modifications to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition using the Disability Accommodation Form.

ATHLETES WITH A SERIOUS MEDICAL CONDITION:	• The swimmer (or the swimmer's coach) is responsible for notifying the Meet Referee, prior to the competition, of the medical condition that is potentially life-threatening while swimming and of any requested accommodations. Early notice (e.g., concurrent with the meet entry) is encouraged to allow for any needed planning or logistical support. • This provision does not apply to medical conditions that are not life-threatening while swimming, including injuries that limit range of motion. • The swimmer/coach shall provide a Personal Assistant(s) as needed.
FORMAT:	Please submit entry times in Short Course Yards **- DO NOT SUBMIT CONVERTED TIMES**. (Example: If the time was swum in short course yards, submit the short course time.) Non-conforming times will be seeded last according to USA Swimming Rules and Regulations 207.12.7B. **All yard times will be seeded for prelims slowest to fastest within the two-age group order.** **PLEASE NOTE THAT THERE ARE NO CHANGES OR TIME UPDATES PERMITTED AFTER THE PSYCH SHEET IS PUBLISHED.** **Relays:** • 1. All mixed relays can be swum with any combination of 4 swimmers, but only the relays that have (2 Boys/2 Girls) will be scored. Relays will be swum as timed final events • 2. Each Team May Enter An "A" and "B" and "C" Relay for Each Event. 3. Top 16 Relays will be swum in the Finals Session. Remaining Relays will swim in the prelims session. **Individual Events:** **13 - SENIOR** ***1650 Free (Timed Final Event)*** 1. 1650 will be swum alternating women/ men fastest to slowest at the end of Sunday's timed final session. We will only accept total 24 female and 24 male swimmers. **13-14 & 15- SENIOR** ***400IM and 500 Free (Timed Final Event)*** 1. Top 8 Seeded Swimmers will be swum in the Finals Session. The remaining swimmers will swim in the Prelims Session. We will only accept total 24 female and 24 male swimmers. **11-12** ***500 Free (Timed Final Event)*** 1. Top 8 Seeded Swimmers will swim in the Finals Session. The remaining swimmers will swim in the Prelims Session. **11-12 & 13-14 & SENIOR** ***50's, 100's and 200's*** 1. The Top 16, from prelims in each event will return for finals.
ENTRIES:	**All entries must be received by 11:59 p.m., Tuesday, January 5th, 2027.** Late entry must be submitted by deadline the evening prior to event (s) contested. • Entries Must be submitted in short course yards (SCY) times using Commlink-2 software. Teams Submit entries via email. • A printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. • 2024-2028 NAG time standards are in effect. • No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record. Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record except for the 13/14, 50 backstroke, breaststroke, and butterfly. For those events the swimmer must be entered with a NT. ***Any CT must be slower than an "A" time.*** All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.

	• Swimmers may enter a maximum of **9 individual event(s), with a maximum of 3 per day, not including relays.** • Entries will be processed in the order received and **accepted to** the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits. • Email Entries to: Tom Himes at coachtom@comcast.net
FEES:	**Regular Fees:** Facility and Video Surcharge per swimmer $25.00 Fee per Relay Event $20.00 **Swimmer Fees:** - 1 – 10 swimmers from team $140 per swimmer - 11 – 25 swimmers from team $135 per swimmer - 26 – 50 swimmers from team $130 per swimmer - 50 – Above swimmers from team $125 per swimmer **Checks should be made payable to ISCA (International Swim Coaches Association)** **Please Bring Payment to MEET** Failure to pay entry fees by this deadline could result in teams being barred from the meet.
SEEDING:	• Swimmers in the afternoon sessions should report directly to the blocks for their events. • All events will be pre-seeded. • Prelims/timed finals: Scratches for events are due at 5:00pm the evening before the race. Check in must be done with the clerk, of course, prior to the scratch deadline to be seeded in that event. Any swimmer properly entered in a deck-seeded event who fails to check in for that event will not be seeded but will be allowed to swim in an open lane for that event only. • No new heats will be created – first come first served.
WARM-UP:	**Preliminaries *(Fri, Sat)*** General Warm Up ……6:30-7:00 AM Specific Warm Up ……7:00-7:45 AM Starts ……..…7:45-7:55 AM Meet Start …… 8:00 AM **Finals *(Fri, Sat)*** General Warm Up ..… 3:30-4:20 PM Specific Warm Up ….. 4:20-4:50 PM Meet Star ……..…… 5:00 PM **Timed Finals *(Sun)*** General Warm Up ..... 6:45-7:30 AM Specific Warm Up ... 7:30– 8:15 AM Starts ……8:15-8:25 AM Meet Start ……..… 8:30 AM • Lane assignment and warm-up times for individual clubs will also be emailed to the contact person of the participating clubs.
AWARDS:	**Individual** Custom Awards . . . . 1st through 3rd **Medallions** Custom Awards . . . . 4th through 8th **Relays** Custom Awards . . . . 1st through 3rd **TOP 3 COMBINED TEAMS**
RULES:	• The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Prevention Policy will govern this meet.

	• All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. No parents will be allowed on the pool deck unless they have 2027 USA Swimming Credentials and are assisting with team functions. If any swimmer needs to have coaching assistance, they MUST go directly to the meet Referee to receive a deck pass and/or a coaching assignment. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • In according with Virginia Swimming Best Practices, all athletes should shower before entering the pool. • An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • In accordance with Virginia Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	**Head Referee** John Stanley ((jfstanley1@gmail.com)) **Admin Referee / Official** **Meet Director** Doug Fonder (dougfonder@gmail.com) Calling all officials sign up at https://swimisca.org/officials/
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will also be emailed to the contact person of each of the individual clubs. NLT Monday, January 11, 2027. • Athletes are responsible for providing their own timer and counter for distance events. • As per ISCA policy, all volunteers must prevent valid photo ID or meet credentials to gain access.
GENERAL:	****Events/heats may be combined at the discretion of the meet referee.**
FACILITY RULES:	• No glass containers of any kind are permitted in the facility. • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator that violates Aquaplex, rules posted at the pool and in this meet announcement, may be disqualified from the meet and escorted from the facility. • Deck Access: Access to the competition and instructional pools deck will be strictly controlled. Only swimmers, coaches, officials, event staff and volunteers working that session will be permitted on the deck during warm-ups and the competition. • NO SMOKING

ISCA January Classic
ORDER OF EVENTS

FRIDAY, January 15th

Morning Session Warm-up: 6:30 AM; Start: 8:00 AM						Afternoon Session Warm-up: 3:30 PM; Start: 5:00 PM (Times are approximate)				
Girls	**Age Group**	**Events**	**Age Group**	**Boys**		**Girls**	**Age Group**	**Events**	**Age Group**	**Boys**
1	11-12	**200 Free**	11-12	2		1	11-12	**200 Free**	11-12	2
3	13-14	**200 Free**	13-14	4		3	13-14	**200 Free**	13-14	4
5	SENIOR	**200 Free**	SENIOR	6		5	SENIOR	**200 Free**	SENIOR	6
7	11-12	**50 Brest**	11-12	8		7	11-12	**50 Brest**	11-12	8
9	13-14	**100 Brest**	13-14	10		9	13-14	**100 Brest**	13-14	10
11	SENIOR	**100 Brest**	SENIOR	12		11	SENIOR	**100 Brest**	SENIOR	12
13	11-12	**100 Back**	11-12	14		13	11-12	**100 Back**	11-12	14
15	13-14	**200 Back**	13-14	16		15	13-14	**200 Back**	13-14	16
17	SENIOR	**200 Back**	SENIOR	18		17	SENIOR	**200 Back**	SENIOR	18
19	11-12	**50 Fly**	11-12	20		19	11-12	**50 Fly**	11-12	20
21	13-14	**100 Fly**	13-14	22		21	13-14	**100 Fly**	13-14	22
23	SENIOR	**100 Fly**	SENIOR	24		23	SENIOR	**100 Fly**	SENIOR	24
25	11-12	**50 Free**	11-12	26		25	11-12	**50 Free**	11-12	26
27	13-14	**50 Free**	13-14	28		27	13-14	**50 Free**	13-14	28
29	SENIOR	**50 Free**	SENIOR	30		29	SENIOR	**50 Free**	SENIOR	30
31	11-12	**100 IM**	11-12	32		31	11-12	**100 IM**	11-12	32
33	13-14	**400 IM**	13-14	34		33	13-14	**400 IM**	13-14	34
35	SENIOR	**400 IM**	SENIOR	36		35	SENIOR	**400 IM**	SENIOR	36
37	11-12	**400 Mixed Free Relay**	11-12	37		37	11-12	**400 Mixed Free Relay**	11-12	37
38	13-14	**400 Mixed Free Relay**	13-14	38		38	13-14	**400 Mixed Free Relay**	13-14	38
39	SENIOR	**400 Mixed Free Relay**	SENIOR	39		39	SENIOR	**400 Mixed Free Relay**	SENIOR	39

****Top 16 Swimmers from Prelims in all Age Groups return for finals in all the events 200 and below****

****13 & 14 & OPEN 400 IM are timed finals with the top 8 swimmers in each event, after scratches, will swim in the final session****

*****All Relays will lead off Finals in the evening*****

SATURDAY, October 31st

Morning Session Warm-up: 6:30 AM; Start: 8:00 AM						Afternoon Session Warm-up: 3:30 PM; Start: 5:00 PM (Times are approximate)				
Girls	**Age Group**	**Events**	**Age Group**	**Boys**		**Girls**	**Age Group**	**Events**	**Age Group**	**Boys**
40	SENIOR	**200 IM**	SENIOR	41		40	SENIOR	**200 IM**	SENIOR	41
42	13-14	**200 IM**	13-14	43		42	13-14	**200 IM**	13-14	43
44	11-12	**200 IM**	11-12	45		44	11-12	**200 IM**	11-12	45
46	SENIOR	**100 Back**	SENIOR	47		46	SENIOR	**100 Back**	SENIOR	47
48	13-14	**100 Back**	13-14	49		48	13-14	**100 Back**	13-14	49
50	11-12	**50 Back**	11-12	51		50	11-12	**50 Back**	11-12	51
52	SENIOR	**200 Fly**	SENIOR	53		52	SENIOR	**200 Fly**	SENIOR	53
54	13-14	**200 Fly**	13-14	55		54	13-14	**200 Fly**	13-14	55
56	11-12	**100 Fly**	11-12	57		56	11-12	**100 Fly**	11-12	57
58	SENIOR	**100 Free**	SENIOR	59		58	SENIOR	**100 Free**	SENIOR	59
60	13-14	**100 Free**	13-14	61		60	13-14	**100 Free**	13-14	61
62	11-12	**100 Free**	11-12	63		62	11-12	**100 Free**	11-12	63
64	SENIOR	**200 Breast**	SENIOR	65		64	SENIOR	**200 Breast**	SENIOR	65
66	13-14	**200 Breast**	13-14	67		66	13-14	**200 Breast**	13-14	67
68	11-12	**100 Breast**	11-12	69		68	11-12	**100 Breast**	11-12	69
70	13-14	**500 Free**	13-14	71		70	13-14	**500 Free**	13-14	71
72	SENIOR	**500 Free**	SENIOR	73		72	SENIOR	**500 Free**	SENIOR	73
74	11-12	**400 Mixed Medley Relay**	11-12	74		74	11-12	**400 Mixed Medley Relay**	11-12	74
75	13-14	**400 Mixed Medley Relay**	13-14	75		75	13-14	**400 Mixed Medley Relay**	13-14	75
76	SENIOR	**400 Mixed Medley Relay**	SENIOR	76		76	SENIOR	**400 Mixed Medley Relay**	SENIOR	76

****Top 16 Swimmers from Prelims in all Age Groups return for finals in all the events 200 and below****

****13 & 14 & OPEN 500 Free are timed finals with the top 8 swimmers in each event, after scratches, will swim in the final session****

*****All Relays will lead off Finals in the evening*****

ORDER OF EVENTS

SUNDAY, NOVEMBER 1st				
Morning Session Warm-up: 6:30 AM; Start: 8:00 AM				
Girls	**Age Group**	**Events**	**Age Group**	**Boys**
77	11-12	**200 Mixed Free Relay**	11-12	77
78	13-14	**200 Mixed Free Relay**	13-14	78
79	SENIOR	**200 Mixed Free Relay**	SENIOR	79
80	11-12	**200 Back**	11-12	81
82	13-14	**50 Back**	13-14	83
84	SENIOR	**50 Back**	SENIOR	85
86	11-12	**200 Breast**	11-12	87
88	13-14	**50 Breast**	13-14	89
90	SENIOR	**50 Breast**	SENIOR	91
92	11-12	**200 Fly**	11-12	93
94	13-14	**50 Fly**	13-14	95
96	SENIOR	**50 Fly**	SENIOR	97
98	11-12	**500 Free**	11-12	99
100	11-12	**200 Mixed Medley Relay**	11-12	100
101	13-14	**200 Mixed Medley Relay**	13-14	101
102	SENIOR	**200 Mixed Medley Relay**	SENIOR	102
103	SENIOR	**1650 Free**	SENIOR	104

****Sunday is a timed Final Day****

*****All Relays will lead off the AM Session*****